



SUPER ADJUSTABLE FLAT/DECLINE BENCH

CF-3162



FEATURES

- Five angled positions adjust in 5° increments from 0° to -20° for flat and decline bench exercises
- Multi-purpose design also allows for abdominal bench exercises
- Self-aligning roller pads accommodate varying leg lengths

SPECS

- Product Dimensions L x W x H:
61.75" (157 cm) x 30.75" (78 cm) x 27.75" (70 cm)
- Product Weight: 97 lbs (44 kg)
- Maximum exercise weight capacity: 1,000 lbs (454 kg)