

## AB BENCH

CF-3264



### FEATURES

- Seven adjustable angle positions ranging from 10° to -20° in 5° increments
- Easy to use, gas-shock assisted angle adjustments for flat, incline and decline exercise positions
- Self-aligning leg roller pads accommodate varying leg lengths

### SPECS

- Product Dimensions L x W x H:  
64.50" (164 cm) x 30.00" (76 cm) x 38.00" (97 cm)
- Product Weight: 103 lbs (47 kg)
- Maximum exercise weight capacity: 800 lbs (363 kg)