

GLUTE MASTER

RS-1412



MOLDED FOOT PADS



PADDED ARM RESTS

FEATURES

- Added forearm support and angled-grip handles allow users to engage core muscles throughout the exercise
- Downward rocking movement of the upper torso during the exercise offers an optimal range of exercise motion
- Angled forearm and pivoting knee pad offer constant upper and lower body support to avoid unnatural loading of the spine
- Knee pad adjusts with pivoting movement for accurate exercise positioning. Foot plate adjusts to accommodate varied leg lengths

SPECS

- Product Dimensions L x W x H: 52.60" (134 cm) x 57.50" (146 cm) x 54.75" (140 cm)
- Product Weight: 580 lbs (263 kg)
- Weight Stack: 178 lbs (81 kg)